jnr TIMETABLE

MON	TUES	WED	THURS	FRI	SAT
7-7:45AM JNR S&C					8:30-9:10AM Jnr No-Gi
					9:15-10AM JNR S&C
3:30-4:10PM Jnr No-Gi	3:30-4:10PM Jnr No-Gi	3:30-4:10PM Jnr No-GI	3:30-4:10PM Jnr No-Gi	3:30-4:45PM JUNIOR COMP CLASS (INVITE ONLY)	10-10:45AM Jnr MMA
4:15-5PM Jnr MMA	4:15-5PM JNR S&C	4:15-5PM Jnr MMA	4:15-5PM JNR S&C	4:45-5:30PM JNR COMP BJJ (GI) (INVITE ONLY)	

Reception Hours

Open during Class Times

Mon-Fri 3:15-7:30pm

Saturday: 8:15am-11am

All other times by appointment only

Timetable current as @ B4 12/10/26. Timetable subject to change.